

HOW TO BLESS YOUR FOOD & BEVERAGES

SAFEGUARDING FROM WITCHCRAFT & TOXIC ADDITIVES

RAYFORD L. JOHNSON

ALL SCRIPTURE QUOTATIONS, UNLESS
OTHERWISE SPECIFIED,
ARE FROM THE HOLY BIBLE,
NEW KING JAMES VERSION.
COPYRIGHT 1979, 1980, 1982, 1983
BY THOMAS NELSON, INC.
Copyright @ ThugExposed.org, 2024

Table of Contents

Introduction	3
Chapter 1	5
Safeguarding Your Food & Beverages from Witchcraft.....	5
Chapter 2	9
Why is the kingdom of darkness recruiting agents to curse food?.....	9
Chapter 3	16
Prayer for Your Food & Beverages.....	16
Chapter 4	18
Deliverance & Healing Prayer for Food Allergies, Digestive Issues, Mental Illness & Other Related Food Issues.....	18
About the Author.....	32

Introduction

God tells us in His Word that “My people perish for a lack of knowledge.” Many people, including Believers, have severe food allergies and digestive issues; many are lactose intolerant.

I'll never forget, working along with my pastor at a Healing and Deliverance conference in California, my pastor Fernando Perez obtained a Word of Knowledge that there were people in the room suffering from digestive issues and lactose intolerance due to they had consumed food and beverages, which they did not bless. He explained that they had been inflicted with these ailments because they had consumed food and beverages which had been cursed.

He led them through a corporate prayer of repentance and renouncing, and then suddenly, a few individuals began to manifest, which looked like soap suds

bubbling up out of their mouths. Then they began spitting and vomiting. Pastor Fernandez had called out witchcraft to come out of them, and it did, right out of their mouths.

Many reported being healed from their ailments that night. The message in this book is to bring spiritual education and awareness on how humanity can give place to the enemy and how God's Word gives us hope, faith, and a promise that we cannot only bless and safeguard our food and beverages but also be healed and delivered from past afflictions from cursed food.

My prayer is that you share the good news in this book with your loved ones and those whom the Holy Spirit leads you to.

Chapter 1

Safeguarding Your Food & Beverages from Witchcraft

As an author and photographer, I love to work out of various coffee shops during the day and late at night. For whatever reason, going and working out of multiple locations around my city energizes me and makes me more productive in flowing with the anointing of the Holy Spirit.

Lately, I have been sharing with some friends that I have seen a drastic increase in witches and Satanists working in coffee shops and food services.

Before attending church service, I went to a coffee shop to study with my kids earlier this year. I ordered a cafe mocha with whipped cream that strangely totaled \$6.66. I know many would say,

Brotha Ray, that was just a coincidence, ok, I might concur with you on that, but it's still weird to me because I know they get many cafe mocha orders with whipped cream, and I know I'm not the only patron that has been startled by that price.

However, that was not the creepiest part. While the young man, the barista, was making my coffee, my 8-year-old daughter, who was sitting with my 10-year-old son at the table across from me, came over after it was delivered to me, to report, "Dad, when that man was making your coffee, he was rubbing his hands together over your coffee very fast and creepy, like he was placing a spell on it."

Recently, my kids and I were at a restaurant, and again, after the waitress had taken our order, my daughter pointed out that she had 666 on her wrist.

A few days ago, I was glad to discover a 24-hour coffee shop near me to get

some late-night work done. The male barista approached me to seat me at my table, and immediately, I noticed a satanic pentagram emblem hanging from his neck. When he turned around to start walking to my table, I noticed he also had a large pentagram on the back of his neck; needless to say, I felt the Holy Spirit prompting me to leave immediately, which I did.

A few days later, I was excited again to find another late-night coffee shop in the downtown area of my city; a young woman dressed in witchy attire with a stoic and catatonic expression on her face took my order. I noticed two diabolical eye tattoos on her forearm, surrounded by occultic tattoos. When I received my cafe mocha from her, I was going to bless it, but abruptly, I discerned the Holy Spirit, prompting me not to drink it. These types of encounters have been occurring over and over more frequently.

I have known through my years working in deliverance ministry, praying for ex-

witches, satanists, and their victims, that food can be utilized as a powerful weapon of witchcraft. Many don't know that there are witchcraft coffee and tea rituals and ceremonies where food is concentrated to false gods, which are actual demons, that the witchcraft practitioner believes when praying their demonic prayers, that the demons of that spirit(s) go into the food, in which anyone who then eats it, will be possessed and oppressed by that spirit.

My pastor shared a story with me about a man working on construction at the site of an Asian pagan temple. The man witnessed his coworker being dared by his peer to take a piece of fruit from the altar of the pagan deity and then eat it; when he foolishly did, he stated that the man immediately became demonically possessed, acting out psychotically and becoming violently sick, to where he had to transported to the hospital.

I'm not sending this message to make you paranoid about eating food from the marketplace because God did not

give us a spirit of fear but a spirit of power, love, and a sound mind. That's 2 Timothy 1:7.

Chapter 2

Why is the kingdom of darkness recruiting agents to curse food?

Food is a subtle and unsuspecting method of bewitching humanity. Satan's

agenda is clear in the destruction he aims to bring. John 10:10 says that satan comes to kill, steal, and destroy.

Cursed food and beverages can lead to sickness, disease, and even death. Many practitioners of witchcraft summon demonic spirits into their offerings, believing it will give them power.

The Word of God warns against eating food sacrificed to idols.

Acts 15:29 instructs us to refrain from consuming meats offered to idols, as well as blood, strangled animals, and engaging in immoral behavior. By following these guidelines, we can protect ourselves from the spiritual dangers posed by consuming food dedicated to demons.

Just like the construction worker who foolishly partook of fruit from the pagan altar, consuming food consecrated to pagan gods can lead to demonic possession and oppression. This can

result in mental illnesses such as depression, bipolar disorder, and even thoughts of suicide. These attacks are for the purpose of leading us into mental and physical chaos in order to distract and mislead us away from God's Divine plan for our lives and into confusion and darkness.

The passage in 1 Peter 5:8 serves as a warning against the schemes of Satan, who seeks to devour and destroy. Therefore, not giving him a foothold in our lives is crucial.

We have to bless our food, whether we're eating out or at home, and even bless our groceries because the truth is, satanic people are working in every area of the food industry.

I want you to understand that eating is not only physical but spiritual; scripture warns us that those who take the elements of Holy Communion, which is the bread, representing Christ's body,

and the juice, representing His Blood, irreverently, will be in danger of getting sick and even dying.

23 For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread 24 and gave thanks to God for it. Then he broke it in pieces and said, “This is my body, which is given for you.[f] Do this in remembrance of me.” 25 In the same way, he took the cup of wine after supper, saying, “This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it.” 26 For every time you eat this bread and drink this cup, you are announcing the Lord’s death until he comes again.

27 So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against[g] the body and blood of the Lord. 28 That is why you should examine yourself before eating the bread and drinking the cup. 29 For if

*you eat the bread or drink the cup without honoring the body of Christ, [h] you are eating and drinking God's judgment upon yourself. 30 **That is why many of you are weak and sick and some have even died.***

1 Corinthians 11:23-30

So this shows us that food is a spiritual part of our lives. Satan is constantly perverting and counterfeiting God's Holy practices; he utilizes food as a weapon to attack humanity spiritually.

Did you know many people are sick and have obtained curses, such as food allergies, because of eating food that was not blessed? Some have received food allergies, such as being lactose intolerant, etc.....through generational curses behind their ancestor not

blessing their food. I have a testimony I put on YouTube of a young boy who seemed to be allergic to everything under the sun, whom I prayed a prayer of deliverance for; a week later, the father called me with joy and excitement, saying that his son was now eating whatever he wanted.

That curse had been broken. I will give you some scriptures from the Word of God to bless your food, and in conclusion, I would like to pray for deliverance for those suffering from food-related allergies, digestive issues, etc.

We live in a society in fear, and we are taught to be afraid to eat the food in the marketplace, sometimes for good reason. Many unhealthy items and chemicals are placed in our foods and beverages. This is why Scripture tells us in Proverbs Chapter Three to acknowledge God in all we do.

That means acknowledging God before we eat, even before we shop. God says

in Proverbs 16:3 that he will establish our thoughts, meaning he will direct us as to what to buy and what not to buy.

The modern mainstream food industry has used fear to send the poor and middle class to high-end supermarkets to purchase expensive and organic groceries, which has led many to the poverty trap.

It's essential to understand and believe that food blessed by God in a cheap neighborhood store will always be better than unblessed food, let's say, an expensive Whole Foods store. Our awesome solution as Christian Believers is to consecrate all your food, beverages, and even household items, such as toothpaste, deodorant, mouthwash, cleaning supplies, etc....to the Lord. Decree your authority in Christ, breaking off any witchcraft, curses, incantations, etc... in Yeshua's mighty name!

Luke 10:19 states that God promises that you have the power to tread over

serpents, scorpions, and over all the power of the devil.

Chapter 3

Prayer for Your Food & Beverages

Here is an example of an essential Biblical fundamental prayer you can use to bless you and your loved ones food and beverages:

Heavenly Father, thank you for providing us with this food and beverages for our pleasure and nourishment. We consecrate these elements unto You. I

decree that the fire of the Holy Spirit and the Blood of Yeshua has cleansed and purified our food and beverage from all toxins, demonic spirits, and powers.

Your Word states in Luke 10:19 that you gave us authority to tread over all the devil's power. We decree the promises in Your Word as Your children and heirs to the throne that You have blessed our food and beverages and have taken all harmful toxins and sickness out of these elements according to Exodus 23:25. Your Word also states in Mark 16:18 that if we drink any deadly poison, it will not harm us. So thank you, Father, for blessing our food and beverages in Yeshua's Mighty Name!

Chapter 4

Deliverance & Healing Prayer for Food Allergies, Digestive Issues, Mental Illness & Other Related Food Issues.

Let me now pray for those who have food allergies, digestive issues, and other forms of sickness that might be related to cursed foods or beverages:

But Before we start, if you want God to be your Deliverer and Healer, you must first make Yeshua, Jesus in Hebrew, your Savior. The following is a prayer for Salvation and Deliverance; you must confess it from your heart and believe it; here we go:

Say it with me, if you are willing: Father, I decree your son Yeshua Hamashiach as Lord and Savior over every area of my life. I believe, Father, that your son Yeshua was placed on the cross for my sins and the world's sins and that He was buried and raised by You on the Third Day.

I now repent for all sins and pagan covenants, oaths, rituals, etc... that I have committed, and those my ancestors have committed, from my mother's side to my father's side to the first generation.

With that being said, I renounce and repent all:

- Witchcraft,
- Sorcery,
- Black Magic,
- White Magic,
- Divination
- Horoscope,
- New age,

- Yoga,
- Psychic readings
- Taoism
- Reiki & Acupuncture Treatments
- Martial arts
- Tarot cards
- Palm readings
- Ouija boards
- Sage burning,
- Himalayan salt lamps and all cultic practices that pay homage to pagan eastern religions.
- Worldly music & entertainment that pays respect and glamorizes evil lifestyles.
- Memberships in pagan secret societies, Greek letter organizations, Freemasons, etc..
- Prayers to false gods and spirit guides.
- Ungodly Political Covenants
- Blood Sacrifices
- Animal Sacrifices
- Human Sacrifices
- Idol Worship
- Food and drinks consecrated to Pagan gods.
- Pagan Incense Burning

- Abortion/Murder
- Demonic Video Games
- Theft, Robbery
- Gambling/Playing Cards(sigil magick)
- Lying, Pride, Rebellion
- Sociopath Mentality
- Hatred, Racism, Discrimination, Un-forgiveness, Bitterness
- Vanity, Seduction, Jealousy, Envy
- Thug & Mafia Mentality
- Domestic Violence
- Rape, Molestation
- Gang and criminal ties

All Soul ties-current and past, and all demonic unions created through fornication, fantasies, dreams, pornography, occult sex magic, sexual abuse: molestation, rape, and every other sexual perversion.

I break, null and void, all demonic marriages created in satan's Marine Kingdom and all other demonic kingdoms/ dimensions. I bind all spirits of Jezebel, Incubus, Succubus, Lilith, and the Queen of the Coast.

I break off in the mighty name of Yeshua Hamashiach!!! All marital rings, jewelry, amulets, garments, and tattoos that have been placed on me in the spiritual world and dreams by demonic spiritual spouses.

I renounce all addictions, demonic covenants, soul ties, and portals to the soul created through pharmakia, cigarettes, cigars, marijuana, mantras, yoga, crystal meth, cocaine, heroin, prescription drug abuse, alcohol, tattooing, branding, strange piercings, and through having sex and eating in my dreams and all other demonic activities known and unknown.

Heavenly Father, I forgive all those who have rejected, neglected, abandoned, betrayed, lied to, killed, stolen, or abused me or my loved ones. I forgive them through the power of Christ. I also forgive myself.

Heavenly Father, I humbly ask for forgiveness, and I forgive all those who

have offended me and sinned against me. I forgive myself.

Your Word tells us, "There is no condemnation in Christ." (Romans 8:1) and that "I'm a new creation in Christ" (2 Corinthians 5:17).

I decree that my bloodline from my father's side to my mother's side to the first generation is cleansed by the blood of Yeshua.

Father, we come before your Holy Heavenly Court at this time. To the best of our knowledge, we have repented of all sins and ungodly covenants.

Every spiritual legality that has brought forth curses, with the spiritual wickedness behind them, from the mother's side to the father's side, to the first generation, that came through the bloodline, umbilical cord, the womb, DNA, neural circuitry patterns, trauma, ungodly soul-ties and marriages, pagan

covenants, rituals, oaths, etc...!, we decree them broken in Yeshua's mighty name!!! According to your Holy Word in Galatians 3:13, which conveys that Yeshua became a curse for us, hanging on a tree so that we would not be cursed. We also petition your Holy throne for judgment on every spiritual wickedness behind the following curses:

- Black Magic/White Magic/Witchcraft
- Voodoo/Hoodoo
- Sigil Magick, Tattoos, Strange Piercings, Branding
- Horoscopes/Tarot Cards/Psychic Reading, Dream Catchers
- Disease/Sickness/Chronic Pain
- Ancestral Worship
- Hair Weaves/Extensions (from pagan temples)
- Occult Makeup/Hair Styles and Jewelry
- Ungodly Political Covenants
- Native American, Mayan, Aztec, and every pagan tribal Witchcraft.....
- Charms/Rosaries
- Catholicism/anti-christ

- Premature Death
- Worldly & Satanic Entertainment:
Spirits of Baphomet, Pan, Venus,
Moloch
- Anxiety, Panic Attacks, Phobias
- OCD
- Depression
- Suicide
- Rejection
- Neglect
- Abandonment
- Murder/Abortion/ Pro-Choice
Mentality
- Pharmikia: Marijuana, Nicotine,
Cocaine, Heroin, Meth, Liquor, DMT
Drugs, E-Pills, Psychotropic
medication, etc...!
- Addictions
- Animal Spirits, Taoism, Martial Arts,
Native American Witchcraft,
- Yoga/Tai Chi/Zen & Chi Rituals,
Himalayan Salt Lamps, etc...
- Mental Illness/Schizophrenia/Voices in
Head/Demonic Shadows
- Nightmares
- Sleep Paralysis
- Anger/Violence
- Domestic Violence

- Divorce/Separation/Singleness
- Gambling, Greed, spirits of "Mammon"
- Blood Sacrifices
- Gangs/ Organized Crime-Mafia
- Sexual Perversion
- LGBTQ-Agenda
- Pornography
- Sex Magic, Spiritual Spouses of Incubus from the Marine Kingdom, and all other kingdoms/ dimensions
- Abuse/Trauma
- False Prophecy
- False Guilt/ Self -Condemnation
- Low-Self Worth/Self-Hatred
- Masonic & Greek Letter Oaths & Rituals/Satanism, Wicca, Druid Cults
- Abandonment, Neglect, Rejection
- Idolatry,
- Jealousy, Envy
- Vanity, Flirting, Seduction, Prostitution
- Revenge, Bitterness, Hatred
- Eating Disorders, Bulimia, Anorexia, Food Allergies
- Unforgiveness, Bitterness, Revenge
- Financial Curses/Poverty, Poverty Mentality
- Unemployment
- Learning Disabilities, ADHD. Dyslexia

- Pride
- Ungodly Political Covenants

I decree all these curses broken now! In Yeshua's mighty name!

I call now for the blood of Yeshua Hamashiach and the fire of the Holy Spirit (Hebrews 10:29) to burn and torment every spiritual wickedness hiding within their conscious and subconscious mind, emotions, body, tattoos, piercings, jewelry, home, personal property, etc. I command all these demonic spirits to manifest now!!!... In Yeshua's Mighty name!!! I call forth Holy Spirit fire in Yeshua's name to burn them out of their hiding places now!!!

Angels of the Lord, go into their soul and body with your fiery swords and break up and obliterate every spiritual nest, hive, object, and structure the enemy has constructed. Remove and break all spiritual weaponry, chains,

cords, ropes, etc.. that have been utilized to keep them in bondage.

Angels of the Lord bind the chief demon of each platoon, of each area named, and every demonic spirit under its authority and every cohort. Break off all their crowns, horns, rings, amulets, charms, bracelets, scepter, ritual clothing, jewelry, charms, technology, and frequencies in Yeshua's mighty name!

Angels of the Lord confiscate all their weaponry and destroy and obliterate all their property with the fire of the Holy Spirit!

Now angels of the Lord, in the mighty name of Yeshua! Take all these spirits of wickedness to the pit of hell and close every demonic portal. I command these demonic spirits never to return again.

I decree in Yeshua's name! that they are healed, from the top of their head to the soles of their feet. 1 Peter 2:24 states,

"By Yeshua's stripes, we are healed." I break every generational curse of sickness and disease from the mother's side to the father's side to the first generation.

Every infirmity of cancer, heart disease, diabetes, thyroid, depression, high blood pressure, metabolism irregularities, low blood pressure, hair loss, migraine headaches, skin and hair disorders, blindness, arthritis, back pain, chronic pain, food allergies, issues in the bones, blood, nerves, cells, and hormonal and brain chemistry imbalances, and every other ailment, I decree these curses broken in Yeshua's mighty name!!!

I decree the fire of the Holy Spirit to burn out every curse and spiritual wickedness out of their soul and body right now, in Yeshua's name!!! Angels of the Lord, remove every chief demon and every spirit under their authority to the pit of hell now!!! and I decree they are healed in Yeshua's mighty name!!!

Father, we petition your throne right now, that you fill them with your Holy Spirit, with the gift of speaking in Heavenly tongues. Acts 1:8 tells us that we will receive "power" when we receive the Holy Spirit and that the person of the Holy Spirit will lead us into all Truth, according to John 16:3.

We thank you for this Holy impartation and all the spiritual gifts accompanying it so we can fulfill our destiny in Christ. We decree the fire of the Holy Spirit come upon them right now! and rivers of living water flow an utterance from their belly out of their mouth, according to John 7:38.

I decree that they have the mind of Christ (1 Corinthians 2:16) and the divine armor of God, according to Ephesians 6, which is the helmet of salvation, the breastplate of righteousness, belt of truth, sword of the spirit (which is the Word of God), and that their feet are prepared with the

Gospel of Christ. I decree that they and their families are blessed! In Yeshua Hamashiach's mighty name!

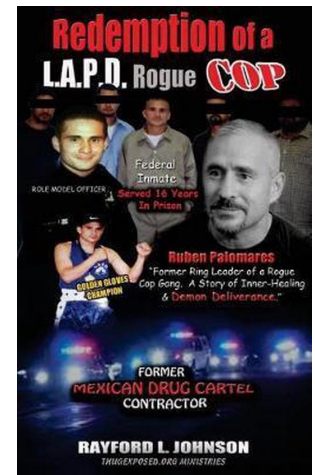
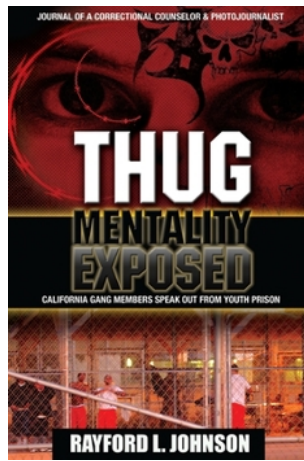
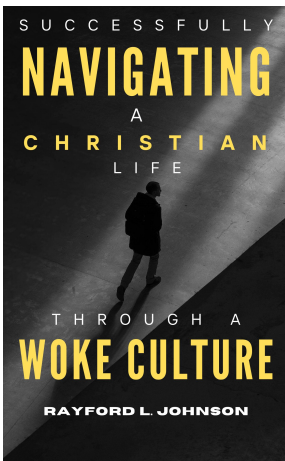
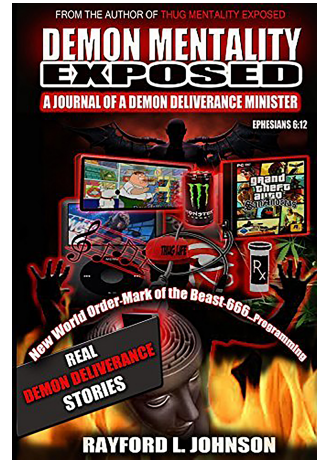
So Be it!!!!
Praise God

Please email or place your deliverance and healing testimony in the comment box.

About the Author

Rayford L. Johnson, a retired correctional officer/counselor for the California Department of Corrections and Rehabilitation, has dedicated over a decade to serving in the Ministry of Demon Deliverance. As a certified gang specialist, he brings a unique perspective to his work in exposing spiritual darkness with the light of Christ through his ministry, ThugExposed.org, based on Ephesians 5:11, "Have nothing to do with fruitless deeds of darkness, but rather Expose them."

In addition to being the author of six other books, he also trains ministries in jail ministry and demon deliverance, sharing his expertise and experiences to equip others in this important spiritual work. Through his YouTube channel, thugexposed.org, which has over 40k subscribers, Rayford L. Johnson provides valuable ministry training content and testimonials of deliverance and healing.



Free Audio Library and .PDF Downloads @: ThugExposed.org